

8th March, 2026, 3rd Sunday in Lent /A

## TEMORA MISSION AREA

### Our Lady Help of Christians Parish Ardlethan/Sacred Heart Ariah Park

Website: [www.cg.org.au/ardlethan](http://www.cg.org.au/ardlethan)

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### Sacred Heart Temora

Parish Priest Fr Alex Osborne

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### St Therese Barellan

**In our Prayers:** Lee Jackson, Robyn Richards, Neville Caldwell.

**For our Deceased:** Colleen Stout, Morgan Cumming, Deceased Family, Friends,  
Victims of war, violence, accidents & natural disasters.

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### March 14-15

Ariah Park 6.00 p.m. *Liturgy Sat*

Mass

Temora

6pm. Saturday 5pm. Sunday

Mass

Ardlethan

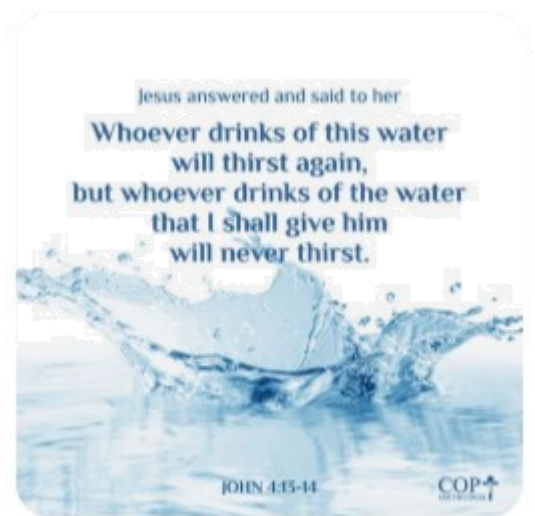
**8am** Barellan 10am Sunday

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### **Reflection - *The Water of Life.***

Jesus is the saviour of the world. In today's Gospel he offers the water of life to a Samaritan woman who, in turn, becomes the first missionary of Jesus. She is surprised that Jesus talked to her because Jews and Samaritans did not get along, she hurries to tell the people of her town about him. We, who have received the life of God in baptism, are also called to be missionaries by inviting others to come and see Jesus.

This Sunday teaches us that Jesus came for everyone, not just a few people. He knows us and still wants to talk to us. He offers us new life, even if we have made mistakes. Lent is a good time to think about what we are really thirsty for in life. Jesus is the only one who can give us what we truly need.



John 4:13-14

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[www.youngcatholics.com](http://www.youngcatholics.com)

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Sir, give me this water, so that I may not be thirsty or have to keep coming here to draw water.

John 4:15

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**God thirsts for me. What is Prayer?** — Prayer is where my desire for God meets God's desire for me.

*Fr Jerome Kodell osb*

**Prayer Tips** - *that will improve your life—whether you're a person of faith or not.*

So much of what we call “prayer” in the Catholic Church involves some kind of talking. I say my prayers every night; I pray to God asking for help with X, Y or Z. It is an activity we do that involves us communicating.

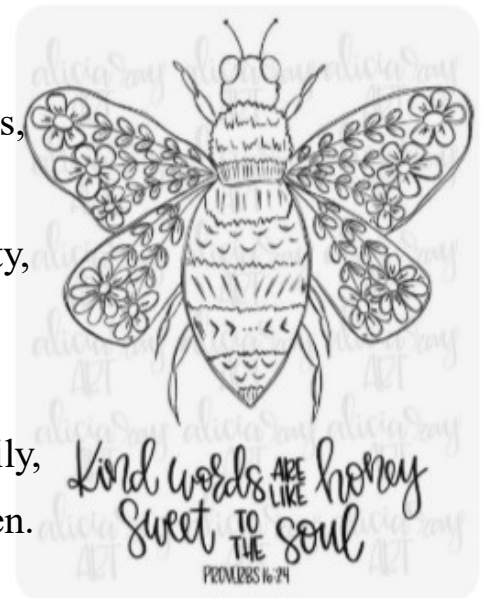
But there's a whole other way of thinking about prayer that is rather about giving God the chance to communicate with us, to tell us something. That might sound like supernatural priesthood mumbo jumbo, but I'm not talking about visions or God whispering “*Take a dance class*” in our ears. It is more about “*actively being,*” which is to say stepping back from the hustle and bustle of our lives for a few moments.”

*Fr Jim McDermott sj*

## Lenten Prayer

Come, Holy Spirit of Pentecost, God of all peoples and nations,  
as you accompany us on our Lenten journey,  
may our fasting strengthen our commitment to live in solidarity,  
our almsgiving be an act of justice,  
and our prayers anchor us in love and compassion.

Awaken our hearts and minds that we may be one human family,  
as we all go further together. We ask this in Jesus' name, Amen.



## Holy Week

We have decided to hold an **Easter Vigil** service this year, Liturgy with Communion on **Easter Saturday, 6pm, April 4, 2026**. All in the community are welcome. Please pass the word around.

<https://>

Roster 15th March

Leader:

Reader: Tracey Passlow

Ex. Minister :

**Acknowledgement of Country** - With respect, we acknowledge the country, the skies, the waterways and spiritual systems of the Wiradjuri people on whose land we gather. We acknowledge the elders for the passing on of knowledge, language and spiritual connections to country.

**Parish Safeguarding Commitment** — Our Lady Help of Christians Parish Ardlethan/Sacred Heart Arian Park is committed to safeguarding and upholding the rights of all our children and vulnerable people. We seek to empower children, their families and carers and vulnerable people, to have a say, to be listened to and to be protected. Parishioners are encouraged to raise any concerns they may have by emailing Fr Alex Osborne at alex.osborne@cg.org.au. Parishioners are also welcome to contact Maria Hicks, manager for the Archdiocesan Institute for Professional Standards & Safeguarding (IPSS) at ipss@cg.org.au or phone 02-62399806.